

# Coaches Corner

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## The Upshot - Part 7

The upshot is a delivery that can win or lose a close game. Knowing when to play it, or not, requires skill and confidence. See illustration below.

### ● HOW TO SELECT THE CORRECT LINE?

- Select your aiming point based on the weight that you are planning to bowl.
- Stand behind the mat and focus on your intended aiming point & weight required.
- On delivery, maintain your bowling position until the bowl is at least half way.
- Watch the line and adjust slightly, wider or narrower to achieve the correct line.

### ● TOP TIP

- If your bowl weight doesn't reach the ditch it is not an upshot, only a draw!!
- Always try and bowl with the same weight and delivery, that way it is easier to adjust.

